

Al-Anon Beaufort County

Your Lowcountry Intergroup



“Our common welfare should come first; personal progress for the greatest number depends upon unity.”

– Al Anon’s 1st Tradition

What is Al-Anon Beaufort County (ABC)?

Al-Anon Beaufort County (ABC) is the Al-Anon Information Service (AIS), also known as an Intergroup, for Beaufort County. This region of South Carolina, also lovingly referred to as “the Lowcountry”, includes Beaufort, Okatie, Bluffton, and Hilton Head Island. An Al-Anon Information Service helps unify the groups within a geographical location and makes each group feel less like an island and more like part of a larger community of recovery.

For more information about an Al-Anon Information Service/Intergroup, please refer to your Al-Anon Service Manual 2022-2025, pages 65-67 and Al-Anon

Guidelines pamphlet G-4 “Al-Anon Information Services”, both are available on the World Service Office (WSO) website in PDF formats. Links are provided under the “About” & “Resources” sections of our website found on the back this pamphlet.



What is ABC's purpose in our community?

Each Al-Anon Information Service is a bit different, as they cater to the needs of their respective community.

Al-Anon Beaufort County currently is responsible for the following:

- Maintaining and distributing an up-to-date schedule of meetings in Beaufort County
- Acting as an information hub for our groups and members with a variety of sharing methods
- Running a website with the local meeting schedule, announcements, calendar of events in the Lowcountry, and other official Al-Anon resources
- Funding and managing the voicemail service and managing the monthly schedule for who is checking and returning phone calls
- Providing an electronic meeting platform and additional technical support for local groups
- Organizing Al-Anon/Alateen community events like social gatherings, workshops, etc.
- Participating in local community events to spread the word about Al-Anon/Alateen via public outreach

Member Testimonial

As a dual member, finding service beyond the group level can be difficult. Thank goodness for Al-Anon Beaufort County. I'm so grateful to give back to Al-Anon through AIS service work!

How can our group get involved with ABC?

- All groups in Beaufort County are encouraged to find a volunteer to be their representative to ABC. Some groups use their Alternative GR; it's up to the group.
- Your group's ABC representative can provide an email address to ABC to receive emails from us which can include: meeting schedule updates, event reminders, ABC business meeting minutes, etc.
- ABC meets bi-monthly and we hope that each group can send someone to attend. Anyone is welcome!
- Make sure to share ABC announcements and events at your meetings, the more who know, the better!
- If your group is hosting an event, share that information with ABC so that we can share it with everyone else in the Lowcountry!
- Actively participate in the ABC voicemail service, checking and returning calls during your group's month of service.

Member Testimonial

I hadn't thought much about service. It wasn't until seeing the member outreach video "Service: The Third Legacy" put together by the Al-Anon Beaufort County trusted servants that I realized that I was missing out on a huge part of recovery, as well as the opportunity to give back to the fellowship that has given me so much peace and serenity.

ABC's Bi-monthly Meetings

Specific details about our bi-monthly business meetings

- Meetings take place on the first Saturday of even numbered months from 10:00am—11:00am.
- Meetings are held online using the Zoom platform to allow for the most participation and eliminate travel time and costs.
- We follow an agenda that is based off the previous meeting; agendas are emailed out to the contact list.
- Anyone is welcome to attend the business meetings.
- We reschedule meetings if they conflict with Area or District. Check our website for meeting verification.
- We encourage groups to have a phone/email list so that your Information Service rep can forward emails to the rest of the group!



Member Testimonial

2020 taught us all a lesson about the usefulness of electronic meetings. While I love my in person meetings, sometimes I just can't get to one because of my schedule. Not to mention, some members may be homebound or unable to attend in person meetings for other reasons. I am so happy that ABC supports in person and electronic meetings; we're truly blessed!

Staying In Touch with ABC

Since our business meetings take place bi-monthly, it's important for our groups and members to be able to contact us in between with any inquiries, changes to the meeting schedule, upcoming events and other announcements related to Al-Anon that need to be shared with our community! Below are easy ways to connect with ABC, your Al-Anon Information Service!

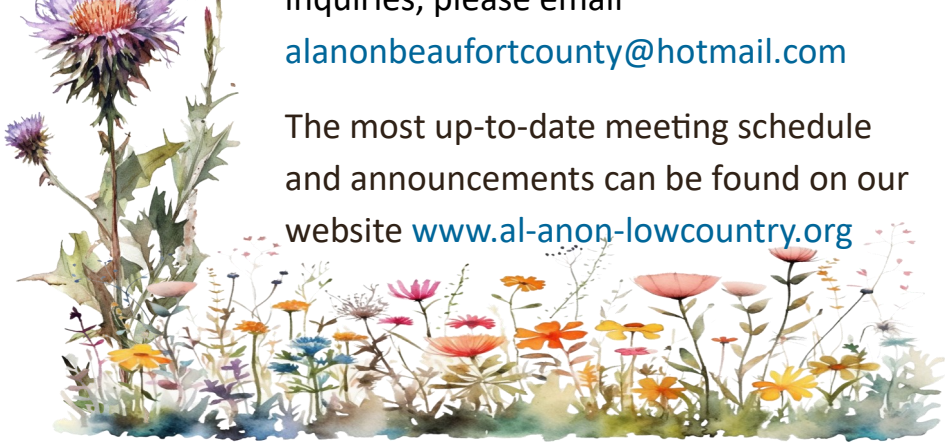
For website requests, changes, questions & support, please email our webmaster.

alexthecrazycatguy@gmail.com

For ABC general support & any business inquiries, please email

alanonbeaufortcounty@hotmail.com

The most up-to-date meeting schedule and announcements can be found on our website www.al-anon-lowcountry.org



Frequently Asked Questions

Q: What kind of event information do you share?

A: Group hosted events (such as speaker meetings, group anniversaries, workshops, etc.), any official conventions (such as International, Area, etc.), ABC hosted picnics, potlucks, workshops, and other get togethers, as well as outreach volunteer opportunities!

Q: What if our representative can't make it to the ABC bi-monthly meeting?

A: The secretary takes minutes at our bi-monthly meetings so if they miss the meeting, it's OK! We email out the minutes from the meeting and any announcements will be on the website for all to read. Another member can always come in their place and multiple members from the same group are welcome!

Q: How does ABC fund its operations?

A: We are funded solely through donations from the groups & members we serve. This is how we afford to cover our operating expenses such as our website, voice mail service, Zoom accounts, as well as our member and public outreach endeavors.

Q: Can my group make a donation to ABC?

A: Absolutely! The contributions of the groups and members are how we fund 100% of our operating expenses. Donation details are on the back of this pamphlet.



Want to Donate to ABC?

Make checks payable to “ABC Info Group” and be sure to include your group name somewhere on the check if it is a group donation!

ABC Info Group
PO Box 1771
Bluffton, SC 29910

Alternatively, you may also make donations through our website via PayPal by going to the “Donate” link.