



# **E-Lowcountry AFG Chairperson Script**

Last Updated: October 3, 2020

Chairperson: If you are chairing the [Sunday 12:15pm meeting](#) be sure to read things that [appear in blue](#). If you are chairing the [Wednesday 7:00pm meeting](#) be sure to read things that [appear in purple](#). Anything in black is used for both meetings.

### **Chairperson reads: Moment of Silence & Serenity Prayer**

Will you join me in a moment of silence, followed by the Serenity Prayer?

God, grant me the serenity to  
accept the things I cannot change,  
the courage to change the things I can  
and the wisdom to know the difference.

### **Chairperson reads: Suggested AI Anon Welcome**

We welcome you to the **Electronic Lowcountry AI-Anon Family Group** and hope you will find in this fellowship the help and friendship we have been privileged to enjoy.

We who live, or have lived with the problem of alcoholism, understand as perhaps few others can. We, too, were lonely and frustrated, but in AI Anon we discover that no situation is really hopeless and that it is possible for us to find contentment, and even happiness, whether the alcoholic is still drinking or not.

We urge you to try our program. It has helped many of us to find solutions that lead to serenity. So much depends on our own attitudes, and as we learn to place our problem in its true perspective, we find it loses its power to dominate our thoughts and our lives.

The family situation is bound to improve as we apply the AI-Anon ideas. Without such spiritual help, living with an alcoholic is too much for most of us. Our thinking becomes distorted by trying to force solutions, and we become irritable and unreasonable without knowing it.

The AI-Anon program is based on the Twelve Steps (adapted from Alcoholics Anonymous) which we try, little by little, one day at a time, to apply to our lives along with our slogans and the Serenity Prayer. The loving interchange of help among members and daily reading of AI-Anon literature thus make us ready to receive the priceless gift of serenity.

Anonymity is an important principle of the Al-Anon program. Everything that is said here, in the group meeting and member-to-member, must be held in confidence. Only in this way can we feel free to say what is in our minds and hearts, for this is how we help one another in Al-Anon.

### **Chairperson reads: Announcements, Officer Reports & Anniversaries**

- Are there any Al-Anon related announcements or officer reports?
- Are there any Al-Anon birthdays/anniversaries?

### **Chairperson reads: Meeting Format, Etiquette & Additional Details**

- The **Sunday** meeting starts at 12:15pm and ends at 1:15pm.
- The **Wednesday** meeting starts at 7:00pm and ends at 8:00pm.
- This meeting is for Al-Anon members and prospective members only. Anyone who has been affected by someone else's drinking is welcome.
- We ask members of other anonymous fellowships such as AA, NA, and so forth to not identify their dual membership so we can keep the focus on the Al-Anon program.
- When you are not sharing/reading, please remain muted.
- If you would like to share, please use the "Raise Hand" option in the Participants panel. If you can't find it, please send our "Host" a chat message. The Host will call on people to share.
- Please limit your sharing to a few minutes to allow the most members to share.
- If you have questions about the program or a share, ask them after the meeting.
- If you are looking for a sponsor or willing to sponsor, please post in chat.
- In accordance with Tradition 1, this group uses and reference Al-Anon Conference Approved Literature (CAL) only during the meeting.
- After the meeting, several members will stay on to answer questions and provide assistance.

### **Chairperson reads: 7<sup>th</sup> Tradition**

Tradition Seven states that "every group ought to be fully self-supporting, declining outside contributions". There are no required dues, but donations to cover web hosting and Zoom account costs may be made through the website [www.al-anon-lowcountry.org](http://www.al-anon-lowcountry.org) by going to the donation link.

## **Chairperson reads: Newcomers to Al-Anon**

We would like to welcome anyone new to our meeting. If you're attending one of your first 6 meetings to Al-Anon ever, please raise your hand to briefly introduce yourself.

### **If there are Newcomers to Al-Anon, read this:**

It is suggested that you attend six meetings before deciding whether or not Al-Anon is for you. Each meeting has its own atmosphere and personality. You may want to find a temporary sponsor who could provide some guidance early on. In Al-Anon we share our experience, strength and hope with one another and our goal is to keep the focus on ourselves, which aids us in our own individual recovery. We use the Al-Anon tools of the program, which include the steps, traditions, concepts, slogans and conference approved literature. These are all available to you. Books can be purchased from Al-Anon.org directly. Some literature is available for free download from Al-Anon.org as well. If you have additional questions, please ask them after the meeting.

### **Chairperson asks someone to read:**

- 1) The Preamble / 3 Legacies
- 2) The Steps
- 3) The Intro and "month's Tradition" (1 = January, 2 = February, etc)
- 4) The Intro and "month's Concept" (same # as Tradition)

**Once the readings are done, Chairperson provides topic/lead-in then turns meeting over to Host to open it up for shares.**

## **Chairperson reads Suggested Meeting Close:**

In closing, I would like to say that the opinions expressed here were strictly those of the person who gave them. Take what you liked and leave the rest.

The things you heard were spoken in confidence and should be treated as confidential. Keep them within the walls of this room and the confines of your mind.

A few special words to those of you who haven't been with us long: Whatever your problems, there are those among us who have had them, too. If you try to keep an open mind, you will find help. You will come to realize that there is no situation too difficult to be bettered and no unhappiness too great to be lessened.

We aren't perfect. The welcome we give you may not show the warmth we have in our hearts for you. After a while, you'll discover that though you may not like all of us, you'll love us in a very special way—the same way we already love you.

Talk to each other, reason things out with someone else, but let there be no gossip or criticism of one another. Instead, let the understanding, love, and peace of the program grow in you one day at a time.

## **We will now close with the Serenity Prayer & the AI-Anon Declaration:**

### **[Serenity Prayer]**

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

### **[AI-Anon/Alateen Declaration]**

*When anyone, anywhere, reaches out for help, let the hand of AI-Anon and Alateen always be there and let it begin with me.*